

twelve steps and traditions pdf

A.A.'s Twelve Steps are a group of principles, spiritual in their nature, which, if practiced as a way of life, can expel the obsession to drink and enable the sufferer to become happily and usefully whole. A.A.'s Twelve Traditions apply to the life of the Fellow - ship itself.

TWELVE STEPS and TWELVE TRADITIONS

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Alcoholics Anonymous : Twelve Steps and Twelve Traditions

Originally published in 1952, Twelve Steps and Twelve Traditions, is the classic book used by A.A. members and groups around the world. It lays out the principles by which A.A. members recover and by which the fellowship functions.

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Read the Big Book and Twelve Steps and Twelve Traditions

GSA is a Twelve Step Program in which the physical aspect (allergy/addiction) of our disease is addressed by the GreySheet food plan, while the mental, emotional, and spiritual aspects are addressed by the program's Twelve Steps and Twelve Traditions.

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Traditions were formulated. Our Traditions protect us from the internal and external forces that could destroy us. They are truly the ties that bind us together. It is only through understanding and application that they work. Twelve Traditions reprinted for adaptation by permission of AA World Services, Inc.

The Twelve Traditions of NA

A Narcotics Anonymous meeting is any two or more recovering addicts who meet together for the purpose of recovery from the disease of addiction. Narcotics Anonymous meetings are bound by the principles of the Twelve Steps, Twelve Traditions, and Twelve Concepts of NA. Our meetings are conducted by addicts, for addicts.

Twelve Steps of Narcotics Anonymous

traditions, ever reminding us to place principles before personalities. The Twelve Steps, Twelve Traditions and brief excerpts are reprinted with permission of Alcoholics Anonymous World Services, Inc. Permission to reprint and adapt the Twelve Steps, Twelve Traditions and brief excerpts does not mean that A.A. has

A TWELVE STEP WORKBOOK - Osseo AA

For an in-depth study of the Twelve Steps, read The Twelve Steps and Twelve Traditions of Overeaters Anonymous, Second Edition available from our bookstore. Permission to use the Twelve Steps of Alcoholics Anonymous for adaptation granted by AA World Services, Inc.

Twelve Steps - Overeaters Anonymous

The Twelve Steps These Twelve Steps, adapted nearly word-for-word from the Twelve Steps of Alcoholics Anonymous, have been a tool for spiritual growth for millions of Al-Anon/Alateen members. At meetings, Al-Anon/Alateen members share with each other the personal lessons they have learned from practicing from these Steps.

The Twelve Steps | Al-Anon Family Groups

Twelve Traditions. Our common welfare should come first; personal progress for the greatest number depends upon unity. ... to help families of alcoholics. We do this by practicing the Twelve Steps of AA ourselves, by encouraging and understanding our alcoholic relatives, ... The Al-Anon Family Groups have no opinion on outside issues; hence our ...

Al-Anon Twelve Traditions | Al-Anon Family Groups

principals that we use to describe the 12 Steps and 12 Traditions should be based on a common agreement. Some terms that need a definition that applies to their use in Narcotics Anonymous Common Welfare NA Fellowship Service Centers outside issues NA Unity NA Program special workers N.A. name Group Purpose vigilance .

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